THE BLAKE

AT CHENAL VALLEY

Welcome to The Blake at Chenal Valley

BUILDING A NEW TRADITION IN CARE

The Blake at Chenal Valley offers resort-style comfort and services. Our hospitable and vibrant community makes the perfect home for seniors in the golden years of retirement. Chenal Valley, the 4,800-acre master-planned community, is nestled among the beautiful hills of west Little Rock, Arkansas. With an abundance of activities for residents to enjoy, you are sure to feel right at home!

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What We Offer

OUR UNIQUE AMENITIES

- Spacious suites with a variety of floor plans
- Cottages featuring two and three bedrooms designed for comfort and recreation
- Active lifestyle program that promotes social, emotional and physical well-being
- Delicious chef-prepared meals and healthy snacks served daily in a restaurant-style atmosphere
- Concierge services to assist residents with transportation and family communication needs
- Daily and weekly housekeeping services
- Pet-friendly community
- Salon, movie theater, game room, physical therapy clinic and abundant space for gatherings

ASSISTED LIVING

When is the right time for assisted living? When you find the right place. From the atmosphere to the care, every experience in our community is customized for each resident's needs.

We offer:

- A variety of room layouts with security
- Customized wellness programs
- Full hospitality services

LEARN MORE ABOUT ASSISTED LIVING ➤

INDEPENDENT LIVING

Experience the luxury of a resort from the comfort of your own home! Our independent living program is perfect for active-lifestyle seniors who don't require specialized care.

We offer:

- Hassle-free retirement
- Social and cultural activities
- 24-hour access to our exclusive clubhouse

LEARN MORE ABOUT INDEPENDENT LIVING ➤

OUR NEIGHBORHOOD

- Situated in Chenal Valley, the 4,800-acre master-planned community nestled among the beautiful hills of west Little Rock, Arkansas
- Offers an abundance of activities for residents to enjoy including nationally-recognized golf courses, top-notch restaurants, brand-name retail and performing arts park, as well as medical, educational and professional services
- Conveniently located on Rahling Road, which connects Chenal Parkway to Cantrell Road

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A Culinary Experience

HOSPITALITY

We know that food plays an important role in quality of life, so our approach is hospitality-driven. To us, this means offering thoughtful and well-balanced menus and plenty of choices. For a restaurant-style atmosphere, we promise a smiling staff, fresh flowers on the table, real china and glassware and a team that takes pride in serving our residents.

FOOD EXPERIENCE

Each day, we offer our residents an extensive à la carte menu that is always available. We are especially proud of our wide range of breakfast classics and freshly ground coffee.

QUALITY

The Blake works with the same suppliers as fine local restaurants. That means our chefs can prepare high-quality produce, seafood, meats and seasonal specialties. We are proud to provide signature Southern cuisine that is both delicious and health-focused.

NUTRITION AND EXPERTISE

With years of experience in fine dining, The Blake's chefs and cooks are able to prepare nutritious meals that rival the quality of the best restaurants. Our culinary team focuses on brain foods: nuts and fish rich in Omega-3 fatty acids, beans, greens, fruits and a wide array of nutrient-dense vegetables, both raw and cooked.

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Floor Plans

ASSISTED LIVING

MEMORY CARE

INDEPENDENT LIVING

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BMG Life

BMG Life is an activity-based program comprised of four fundamentals – lifelong learning, individuality, family connections and engagement – to enrich the lives of our residents on a daily basis.

We offer:

- **Calendar Components**: Physical, Spiritual, Monthly Theme, Family Events, Entertainment and Outings.
- **Annual Theme**: Educational and exploration driven, we introduce a new subject each month with different opportunities for residents to engage, reminisce and learn.
- **Tailored programming**: A LifeLong Learning Profile is a detailed background and interest packet that allows our team to get to know each individual and customize our programming to suit residents' individual needs.
- **Family Events**: Families are invited to join us for activities any time and are encouraged to come out to our big events each month like our Taste of The Blake.

BMGlife

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Memory Care

EXPECT A HIGHER LEVEL OF CARE

If someone in your life is struggling with memory loss, you understand the challenges for both the sufferer and their loved ones. So do we. We provide a calming, low-stress environment for older adults with moderate to severe memory impairments. Residents have their own dining room, spacious living areas and unmatched attention and support.

Residents are engaged throughout the day with activities provided at specific times of the day to assist in mental stimulation, physical movement and overall well-being.

Team members earn additional certification in the areas of dementia and Alzheimer's to offer a person-centered approach and provide better quality of care.

Walkwithme
An Exclusive BMG Memory Care Program

EXCLUSIVE MEMORY CARE

For residents who experience memory loss from Alzheimer's or another form of dementia, The Blake offers memory care suites that are safe, secure and designed for residents with cognitive challenges.

We offer:

- Specially designed floor plans
- A monitoring system configured to match each resident's behavioral pattern – creating continuous protective, noninvasive security for the resident
- Customized wellness programs
- Extensive amenities tailored to memory care residents

THE BLAKE'S EXCLUSIVE MEMORY CARE PROGRAM

Walk With Me is a one-of-a-kind memory care program customized to meet the needs of each resident while increasing quality of life through a holistic approach that stimulates the senses. The Blake's memory care experts focus on the social, spiritual, cognitive, physical and emotional well-being of our residents. The Blake also utilizes *LifeLoop*, a state-of-the-art system that combines touchscreen technology to increase resident engagement.

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LifeLoop

STAY CONNECTED TO WHAT'S GOING ON AT THE BLAKE

The Blake at Chenal Valley is proud to offer LifeLoop, an easy-to-navigate app available on desktops, smartphones or tablets. This seamless platform lets residents communicate with loved ones, explore community activities and so much more.

EVERYTHING YOU NEED, RIGHT AT YOUR FINGERTIPS

- Send photos and messages to friends and family
- View daily and weekly dining menus
- Submit maintenance requests
- Stay in contact with team members and receive resident updates
- Access music, games, travel, fitness and other content suited to your personal interests
- Schedule transportation for appointments and shopping
- Register and receive reminders for community activities and events

With convenient access for residents and peace of mind for their families, LifeLoop makes it easy to stay connected and engaged.

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Gallery

PICTURE LIFE AT THE BLAKE

With spacious floor plans, a focus on active lifestyles, delicious food options, social gatherings and carefully planned activities, life at The Blake is warm and vibrant!

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Virtual Tours

Take a virtual tour of our exquisite community and discover all The Blake at Chenal Valley has to offer.

CLICK HERE TO SEE MORE ➤

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Our Team

EXECUTIVE DIRECTOR

DEBBIE DILLE

Originally from Phoenix, AZ, Debbie is excited to be an official resident of Arkansas along with her husband. With more than 20 years of experience in senior living, she has served in many capacities, including as an Executive Director and Regional Director of Operations. Debbie thoroughly enjoys serving residents and their families.

DIRECTOR OF SALES

RACHEL BRUNO

Rachel was born and raised in Michigan but has called Little Rock home since 2011. She earned her Bachelor's Degree in Communications from Elmhurst College. She has been serving seniors since 2019 and helping them find their perfect new home!

LEARN MORE ABOUT OUR TEAM ➤

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Little Rock's Premier

INDEPENDENT LIVING, ASSISTED LIVING AND MEMORY CARE COMMUNITY

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